

# THE LITTLE FENLAND ECO SHOP

Prices are shown per 100g, however you can buy as little or as much as you'd like.

Please bring your own clean, empty containers in store to refill with the products below (or purchase a jar, bottle or paper bag from us)

Nicola, Ryan or Stewart will be happy to show you the ropes - you're more than welcome to self serve using our clever weighing scale system - with a quick demo from a member of staff you'll be a refill pro in no time! Prefer us to fill up for you? No problem at all, just ask :)

## 1. Grains & Pulses

Product	RRP per 100g
Chick Peas	£0.28
Red Lentils	£0.25
Quinoa Grain	£0.60
Popcorn	£0.97
Jumbo Oats	£0.16
Porridge Oats	£0.16

## 2. Rice & Pasta

Product	RRP per 100g
Basmati Rice	out of stock
Arborio Rice (Risotto Rice)	£0.48
Tri Colour Fusilli	£0.28
Orzo (Risoni Pasta)	£0.33
Conchiglie (Pasta Shells)	£0.30
Wholemeal Penne (Pasta Tubes)	£0.30

## 3. Nuts & Seeds

Product	RRP per 100g
Chia Seeds	£0.75
Pumpkin Seeds	£0.85
Sunflower Seeds	£0.35
Poppy Seeds	£0.84
Cashew Nuts	£1.30
Almonds	£1.24

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Almonds (Flaked)	£1.25
Almonds (Ground)	£1.25
Walnuts (Halves)	£1.20
Brazil Nuts	£1.32
Hazelnuts	£1.25

## 4. Herbs & Spices

Product	RRP per 100g
Arrowroot	£2.60
Basil	£4.50
Bay Leaves	£11.35
Cayenne Pepper	£2.00
Celery Salt	£2.00
Chillies (Ground)	£2.00
Chinese Five Spice	£2.70
Chives	£20.00
Coriander (Ground)	£2.50
Cumin (Ground)	£2.30
Curry Powder (Medium)	£1.60
Curry Powder (Hot)	£1.60
Dill Weed	£1.40
Fenugreek (Ground)	£6.00
Garam Masala	£2.60
Garlic Salt	£1.10
Ginger (Ground)	£2.60
Marjoram	£7.00
Mint	£6.00
Mixed Herbs	£5.00
Mixed Spice	£2.70
Mustard (Ground)	£3.80
Nutmeg (Ground)	£8.00

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Onion Powder	£1.90
Oregano	£6.50
Smoked Paprika (Sweet & Mild)	£2.10
Paprika (Spanish)	£2.00
Parsley	£9.10
Black Peppercorns	£2.60
Black Pepper (Ground)	£3.00
Rosemary	£3.50
Sage	£8.00
Tarragon	£12.70
Turmeric (Ground)	£2.20

## 5. Household Cleaning

Product	RRP per 100g
Wash up (Ginger)	£0.40
Kitchen Clean (Grapefruit)	£0.40
All Purpose (Honeysuckle)	£0.40
Rinse Aid (Unscented)	£0.40
Everything Clean (Bergamot)	£0.70
Steel & Glass (Geranium)	£0.40
Floor Clean (Bergamot)	£0.40
Bathroom Clean (Eucalyptus)	£0.40
Toilet Clean (Eucalyptus)	£0.40
Drain Fresh (Lemongrass)	£2.30
Washing Machine & Dishwasher Freshener (Signature Scent)	£2.30
Mattress Freshener (Lavender & Tea Tree)	£4.00
Dishwasher Powder	£1.05
Scrub Powder (Clary Sage)	£0.50
Vegetable Glycerin	£1.20
Castile Soap	£1.20
Cleaning Vinegar	£0.15

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Natural Bleach	£0.56
Bicarbonate of Soda	£0.35
Soda Crystals	£0.33
Citric Acid	£0.60

## 6. Laundry Products

Product	RRP per 100g
Laundry Liquid (Neroli)	£0.56
Fabric Conditioner (Neroli)	£0.40
Laundry Power (Petitgrain)	£0.68
Destainer Powder	£0.50

## 7. Hand & Body

Product	RRP per 100g
Hand Soap (Fig Leaf)	£0.48
Hand Soap (Cucumber & Aloe Vera)	£0.60
Hand Soap (Lime, Basil & Mandarin)	£0.60
Anti Bacterial Hand Soap (Sweet Clementine)	£0.60
Body Wash & Bubble Bath (Grapefruit & Aloe)	£0.60
Body Wash & Bubble Bath (Nourishing Coconut)	£0.60
Body Wash & Bubble Bath (Tea Tree & Mint)	£0.60
Body Wash & Bubble Bath (English Lavender & Chamomile)	£0.60
Body Wash (Fig Leaf)	£0.82
Bath Soak (Forest)	£0.96
Hand Gel (Fig Leaf)	£0.62
Hand & Body Lotion (Various Scents please see in store)	£1.50

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## 8. Haircare

Product	RRP per 100g
Shampoo (Pink Grapefruit & Aloe Vera)	£0.60
Shampoo (Nourishing Coconut)	£0.60
Shampoo (Tea Tree & Mint)	£0.60
Shampoo (English Lavender & Chamomile)	£0.60
Hair Wash (Orange Peel)	£0.65
Hair Wash (Palmarosa)	£0.65
Conditioner (Palmarosa)	£0.40
Conditioner (Pink Grapefruit & Aloe Vera)	£0.60
Conditioner (Nourishing Coconut)	£0.60
Conditioner (English Lavender & Chamomile)	£0.60
Conditioner (Orange Peel)	£0.40
Conditioner (Tea Tree & Mint)	£0.60

## 9. Skincare

Product	RRP per 100g
Micellar Water (Flawless)	£3.00
Hydrating Toner (Flawless)	£3.60
Double Balancing Cream (Flawless)	£11.66
Face Scrub (UpCircle Beauty)	£13.49
Cleansing Balm (UpCircle Beauty)	£28.62
Cleansing Milk (UpCircle Beauty)	£12.49
Face Toner (UpCircle Beauty)	£14.99
Peptide Serum (UpCircle Beauty)	£62.47
Night Cream (UpCircle Beauty)	£29.98
Face Moisturiser (UpCircle Beauty)	£27.48
Face Serum (UpCircle Beauty)	£49.97

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## 10. Organic Grains & Pulses

Product	RRP per 100g
Popping Corn - Organic	£0.45
Quinoa Grain - Organic	£0.75
Jumbo Oatflakes - Organic	£0.29
Rolled Oatflakes - Organic	£0.29
Deluxe Muesli - Organic	£0.54
Muesli Base - Organic	£0.34
Chickpeas - Organic	£0.57
Red Split Lentils - Organic	£0.50

## 11. Organic Rice & Pasta

Product	RRP per 100g
Arborio Rice - Organic	£0.77
White Couscous - Organic	£0.50
Orzo - Organic	£0.57
Basmati Rice - Organic	£0.64
Penne - Organic	£0.59
Wholewheat Fusilli - Organic	£0.57

## 12. Organic Nuts & Seeds

Product	RRP per 100g
Flakes Almonds - Organic	£1.94
Ground Almonds - Organic	£1.94
Almonds - Organic	£1.74
Brazil Nuts - Organic	£2.15
Cashews Whole - Organic	£1.84
Chia Seeds - Organic	£1.00
Hazelnuts - Organic	£1.83
Poppy Seed - Organic	£1.29

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Pine Kernels - Organic	£3.90
Pumpkin Seeds - Organic	£1.75
Sesame Seeds - Brown - Organic	£0.80
Sunflower Seed - Organic	£0.77
Walnut Halves - Organic	£1.69

## 13. Peanut Butter

Product	RRP per 100g
Dark Roast Peanut Butter (No Salt)	£0.81

## 14. Dried Fruit & Snacks

Product	RRP per 100g
Banana Chips (No Honey) - Organic	£0.99
Sweeties (Various Flavours please see in store)	£1.49

Please note; due to the unpacked nature and handling of our produce, we are unable to guarantee that cross contamination from other allergens in the shop does not arise.

We therefore recommend that our products are not suitable for people with severe allergies or sensitivities.

Please thoroughly wash and dry your containers prior to bringing them in store to be refilled. The Little Fenland Eco Shop does not accept any liability for any contamination from previous products held within your containers.

All containers purchased at The Little Fenland Eco Shop are new and unused. The Little Fenland Eco Shop cannot accept any liability caused by decanting into customers own containers.

Please ensure that refilled cleaning products are clearly labelled and kept out of reach of children and animals.

The Little Fenland Eco Shop can provide additional Safety Labels for containers you may wish to decant into if required.